AMENDED IN SENATE MAY 19, 1999 AMENDED IN SENATE MAY 6, 1999 AMENDED IN SENATE APRIL 26, 1999

SENATE BILL

No. 870

Introduced by Senator Vasconcellos

February 25, 1999

An act to amend Sections—10231.5, 10232.1, 10232.2, 10232.3, 10232.4, 10232.8, 10232.93, 10233.2, 10234.87, 10234.95, 10235.30, 10235.40, 10235.50, 10235.52, 10237.1, 10237.4, and 10237.5 of, to add Sections 10232.81, 10232.91, 10232.94, and 10235.94 to, to repeal—Sections—10231.6—and—Section—10235.10—of, and repeal and add Sections—10232.92, 10232.95, and 10237.2 of, the Insurance Code, relating to long-term care insurance.

LEGISLATIVE COUNSEL'S DIGEST

SB 870, as amended, Vasconcellos. Long-term care insurance.

Existing law prescribes various requirements and conditions governing the delivery or issuance for delivery in this state of individual or group long-term care insurance.

This bill would make various changes to those provisions, including changes clarifying an insurer's obligations to file, offer, and market policies intended to be federally qualified and policies that are not intended to be federally qualified; changes mandating coverage for care in a residential care facility and for respite care; changes relating to coverage for preexisting conditions; changes relating to eligibility for benefits; changes relating to elimination or deductible periods

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in every policy or certificate; changes regarding prohibited policy provisions and prohibited insurer actions in connection with policies; changes clarifying policy replacements; and changes regarding the right of a policy or certificate holder to appeal decisions regarding benefit eligibility, care plans, services and providers, and reimbursements.

Vote: majority. Appropriation: no. Fiscal committee: no. State-mandated local program: no.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 10231.5 of the Insurance Code is 2 amended to read:
- 3 10231.5. "Certificate" means any certificate which 4 has been delivered or issued for delivery in this state 5 under a group long-term care insurance policy in or 6 outside this state.
- 7 SEC. 2. Section 10231.6 of the Insurance Code is repealed.
- 9 SEC. 3.

insurance contract."

- 10 SECTION 1. Section 10232.1 of the Insurance Code is 11 amended to read:
- 10232.1. (a) Every policy that is intended to be a 12 13 qualified long-term care insurance contract as provided 14 by Public Law 104-191 shall be identified as such by prominently displaying and printing on page one of the 16 policy form and the outline of coverage and in the application the following words: "This contract for 17 18 long-term care insurance is intended to be a federally 19 qualified long-term care insurance contract and may 20 qualify you for federal and state tax benefits." Every 21 policy that is not intended to be a qualified long-term care 22 insurance contract as provided by Public Law 104-191 23 shall be identified as such by prominently displaying and 24 printing on page one of the policy form and the outline 25 of coverage and in the application the following words:

26 "This contract for long-term care insurance is not 27 intended to be a federally qualified long-term care

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(b) Any policy or certificate in which benefits are 2 limited to the provision of institutional care shall be called a "nursing facility and residential care facility only" policy or certificate and the words "Nursing Facility and 5 Residential Care Facility Only" shall be prominently displayed on page one of the form and the outline of coverage. The commissioner may approve alternative wording if it is more descriptive of the benefits.

- (c) Any policy or certificate in which benefits are 10 limited to the provision of home care services, including community-based services, shall be called a "home care only" policy or certificate and the words "Home Care 13 Only" shall be prominently displayed on page one of the 14 form and the outline of coverage. The commissioner may approve alternative wording if it is more descriptive of 16 the benefits.
- (d) Only those policies certificates or providing 18 benefits for both institutional care and home care may be called "comprehensive long-term care" insurance.

SEC. 4.

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- SEC. 2. Section 10232.2 of the Insurance Code is amended to read:
- 10232.2. (a) Every insurer that offers policies or 24 certificates that are intended to be federally qualified 25 long-term care insurance contracts, including riders to 26 life insurance policies providing long-term care coverage, shall fairly and affirmatively concurrently file, offer, and 28 market long-term care insurance policies or certificates not intended to be federally qualified, as described in 30 subdivision (a) of Section 10232.1, that contain benefits and coverages similar to policies and certificates that are intended to be federally qualified long-term insurance contracts.
- 34 (b) All long-term care insurance contracts, including 35 riders to life insurance contracts providing long-term 36 care coverage, approved after the effective date of this section shall meet all of the requirements of this chapter. 37
- 38 (c) Until January 1, 1999, or 90 days after approval of contracts submitted for approval pursuant to subdivision (b), whichever comes first, insurers may continue to offer

1 market previously approved and long-term care insurance contracts.

(d) Group policies issued prior to January 1, 1997, shall 3 be allowed to remain in force and not be required to meet 5 the requirements of this chapter, as amended during the 1997 portion of the 1997–98 Regular Session, unless those polices cease to be treated as federally long-term care insurance contracts. If such a policy or certificate issued on such a group policy ceases to be a qualified long-term care insurance 10 federally under the grandfather rules issued by the United States pursuant 12 Department of the Treasury to Section 13 7702B(f)(2) of the Internal Revenue Code, the insurer 14 shall offer the policy and certificate holders the option to convert, on a guaranteed-issue basis, to a policy or 16 certificate that is federally tax qualified if the insurer sells 17 tax-qualified policies.

SEC. 5.

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SEC. 3. Section 10232.3 of the Insurance Code is 20 amended to read:

10232.3. (a) All applications for long-term 22 insurance except that which is guaranteed issue, shall unambiguous, short, 23 contain clear, simple questions designed to ascertain the health condition of the applicant. Each question shall contain only one health 26 status inquiry and shall require only a "yes" or "no" 27 answer, except that the application may include a request 28 for the name of any prescribed medication and the name of a prescribing physician. If the application requests the name of any prescribed medications or prescribing physicians, then any mistake or omission shall not be used as a basis for the denial of a claim or the recision of a policy or certificate.

- 34 (b) The following warning be printed shall 35 conspicuously and in close conjunction with the 36 applicant's signature block:
- "Caution: If your answers on this application are 37 38 misstated or untrue, the insurer may have the right to deny benefits or rescind your coverage."

- (c) Every application for long-term care insurance 1 shall include a checklist that enumerates each of the specific documents which this chapter requires be given to the applicant at the time of solicitation. The documents and notices to be listed in the checklist include those required by Sections 10232.25 and 10233.5, paragraphs (8) and (9) of subdivision (a) of Section 10234.93, subdivision (c) of Section 10234.95, and Section 10235.16 if replacement is not made by direct response solicitation or 10 Section 10235.18 if replacement is made by direct response solicitation. Unless the solicitation was made by 12 a direct response method, the agent and applicant shall 13 both sign at the bottom of the checklist to indicate the 14 required documents were delivered and received.
- complete (d) If insurer an does not 16 underwriting and resolve all reasonable questions arising 17 from information submitted on or with an application 18 before issuing the policy or certificate, then the insurer may only rescind the policy or certificate or deny an 20 otherwise valid claim, upon clear and convincing evidence of fraud or material misrepresentation of the risk by the applicant. The evidence shall:
 - (1) Pertain to the condition for which benefits are sought.
- 25 (2) Involve a chronic condition or involve dates of treatment before the date of application.
 - (3) Be material to the acceptance for coverage.

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- (e) No long-term care policy or certificate may be field 29 issued.
 - (f) The contestability period as defined in Section 10350.2 for long-term care insurance shall be two years.
 - (g) A copy of the completed application shall be delivered to the insured at the time of delivery of the policy or certificate.
- (h) Every insurer shall maintain a record. 36 accordance with Section 10508, of all policy or certificate rescissions, both state and countrywide, except those 38 voluntarily initiated by the insured, and shall annually furnish this information to the commissioner in a format prescribed by the commissioner.

1 SEC. 6.

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SEC. 4. Section 10232.4 of the Insurance Code is 2 amended to read:

10232.4. (a) No long-term care insurance policy or 5 certificate other than a group policy or certificate, as described in subdivision (a) of Section 10231.6, shall use a definition of preexisting condition which is more restrictive than a condition for which medical advice or treatment was recommended by, or received from a 10 provider of health care services, within six months 11 preceding the effective date of coverage of an insured person.

- (b) Every long-term care insurance policy 14 certificate shall cover preexisting conditions that are 15 disclosed on the application no later than six months 16 following the effective date of the coverage of an insured, regardless of the date the loss or confinement begins.
- commissioner may extend the limitation 19 periods set forth in subdivisions (a) and (b) as to specific 20 age group categories in specific policy forms upon findings that the extension is in the best interest of the public.
- (d) The definition of preexisting condition does not 24 prohibit an insurer from using an application form 25 designed to elicit the complete health history of an 26 applicant, and on the basis of the answers on that application, from underwriting in accordance with that 28 insurer's established underwriting standards. provided in the policy or certificate a 30 preexisting condition, regardless of whether it is disclosed 31 on the application, need not be covered until the waiting 32 period described in subdivision (b) expires. Unless such 33 waiver or rider has been specifically approved by the 34 commissioner, no long-term care insurance policy or 35 certificate may exclude or use waivers or riders of any 36 kind to exclude, limit, or reduce coverage or benefits for specifically named or described preexisting diseases or physical conditions beyond the waiting period described in subdivision (b).

40 SEC. 7.

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SEC. 5. Section 10232.8 of the Insurance Code is 1 2 amended to read:

10232.8. (a) In every long-term care policy or certificate that is not intended to be a federally qualified long-term care insurance contract and provides home care benefits, the threshold establishing eligibility for home care benefits shall be at least as permissive as the following provisions:

"HOW TO QUALIFY FOR BENEFITS:

We will pay for the long-term care services covered by this policy (certificate) when one of the following criteria is met:

- (1) You are unable to perform, without standby 14 assistance or hands-on assistance from another individual, 15 two out of seven activities of daily living due to a loss of 16 functional capacity, or
 - (2) You have a cognitive impairment.

The definitions for the following terms will help explain how you qualify for benefits under this policy: 19

- (A) Activities of daily living.
- (B) Standby assistance.

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- (C) Hands-on assistance.
- 23 (D) Cognitive impairment.
- (E) Qualified long-term care services." 24

The policy or certificate may provide for lesser but not greater eligibility criteria. The commissioner, at his or her discretion, may approve other criteria or combinations of 28 criteria to be substituted, if the insurer demonstrates that the interest of the insured is better served.

"Activities of daily living" in every policy or certificate 31 that is not intended to be a federally qualified long-term care insurance contract and provides home care benefits shall include eating, bathing, dressing, ambulating, 34 transferring, toileting, and continence.

The following definitions shall be used verbatim to 36 define eligibility for benefits in policies or certificates that are not intended to be federally qualified long-term care insurance:

presence 39 (1) "Standby assistance" means the another person within arm's reach of you that is necessary SB 870 -8-

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to prevent, by physical intervention, injury to you while you are performing an activity of daily living, such as 3 being ready to catch you if you fall while getting into or 4 out of the bathtub or shower as part of bathing, or being 5 ready to remove food from your throat if you choke while 6 eating.

- (2) "Hands-on assistance" means the physical assistance of another person without which you would be unable to perform the activity of daily living.
- (3) Cognitive impairment means a deterioration loss of intellectual capacity due to organic mental disease, including Alzheimer's disease or related illnesses, that requires continual supervision to protect oneself or 14 others.
- (4) "Long-term care services" means necessary therapeutic, preventative, 16 diagnostic, curing, treating, mitigating, and rehabilitative services, and maintenance 18 or personal care services which are needed to assist you 19 with the disabling conditions that cause your loss of 20 functional capacity. "Maintenance or personal services" means any care the primary purpose of which 22 is the provision of needed assistance with any of the 23 disabilities resulting from your loss of functional capacity, 24 including the protection from threats to health and safety 25 due to severe cognitive impairment.
- (b) Every long-term care policy approved 27 certificate issued after the effective date of the act adding 28 this section, that is intended to be a federally qualified long-term care insurance contract as subdivision (a) of Section 10232.1, shall establish the threshold for eligibility for home care benefits as follows:
 - (1) The policy or certificate shall include a provision, to be used verbatim unless modified by regulation as provided in paragraph (2), as follows:
 - "HOW TO QUALIFY FOR BENEFITS:
- We will pay for the qualified long-term care services 36 covered by this policy (certificate) if: 37
 - (A) You are a chronically ill individual; and
- 39 (B) The qualified long-term care services are prescribed for you in a written plan of care.

You will be considered a chronically ill individual when 1 2 one of the following criteria is met:

- (A) You are unable to perform, without standby assistance or hands-on assistance from another individual, two activities of daily living due to a loss of functional capacity and this loss of functional capacity is expected to last at least 90 days.
- (B) You have a severe cognitive impairment requiring substantial supervision to protect you from threats to 10 health and safety.

The certification that you are a chronically ill individual 12 must be made by a licensed health care practitioner, independent of us, within the preceding 12 months and 14 must be renewed at least every 12 months. The services to be paid by this policy must be prescribed in a written plan of care prepared by a licensed health care practitioner, independent of us, after a face-to-face assessment of your long-term care needs.

All services covered by this policy are qualified long-term care services.

21 The definitions for the following terms will help explain 22 how you qualify for benefits under this policy:

- 23 Activities of daily living.
- 24 Standby assistance.
- 25 Hands-on assistance.
- 26 Severe cognitive impairment.
- 27 Substantial supervision.
- 28 Licensed health care practitioner.
- 29 Plan of care.

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- 30 Qualified long-term care services."
- 31 (2) Other criteria shall be used in 32 eligibility for benefits if federal law or regulations allow other types of disability to be used applicable to eligibility for benefits under a long-term care insurance policy. If 35 federal law or regulations allow other types of disability commissioner 36 to used, the shall promulgate emergency regulations to add those other criteria as a 37 third threshold establish eligibility for 38 to benefits. Insurers shall submit policies for approval within 60 days

of the effective date of the regulations. With respect to

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policies previously approved, the department authorized to review only the changes made to the policy. 3 All new policies approved and certificates issued after the 4 effective date of the regulation shall include the third 5 criterion. No policy shall be sold that does not include the third criterion after one year beyond the effective date of the regulations. An insured meeting this third criterion shall be eligible for benefits regardless of whether the individual meets benefit eligibility requirements 10 paragraph (1).

(c) A licensed health care practitioner, independent 12 of the insurer, shall certify that the insured meets the definition of "chronically ill individual" as defined under 14 Public Law 104-191. In the event a health 15 practitioner makes a determination, pursuant to 16 section, that an insured does not meet the definition of 17 "chronically ill individual," the insurer shall notify the 18 insured that the insured shall be entitled to a second 19 assessment by a licensed health care practitioner, upon 20 request, who shall personally examine the insured. The 21 requirement for a second assessment shall not apply if the 22 initial assessment was performed by a practitioner who 23 otherwise meets the requirements of this section and who personally examined the insured. The assessments 25 conducted pursuant to this section shall be performed promptly with the certification completed as quickly as possible to ensure that an insured's benefits are not delayed. The written certification shall be renewed every 28 29 Α licensed health care practitioner. 30 independent of the insurer, shall develop a written plan of care after personally examining the insured. The costs 32 to have a licensed health care practitioner certify that an insured meets, or continues to meet, the definition of "chronically ill individual," or to prepare written plans of care shall not count against the lifetime maximum of the 36 policy or certificate. In order to be considered "independent of the insurer," a licensed health care 37 38 practitioner shall not be an employee of the insurer and shall not be compensated in any manner that is linked to the outcome of the certification. It is the intent of this

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subdivision the practitioner's that assessments unhindered by financial considerations. This subdivision shall apply only to a policy or certificate intended to be a federally qualified long-term insurance contract.

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- (d) "Activities of daily living" in every policy or certificate intended to be a federally qualified long-term care insurance contract as provided by Public Law 104-191 shall include eating, bathing, transferring, toileting, and continence.
- (e) The definitions of "activities of daily living" to be used in policies and certificates that are intended to be 12 federally qualified long-term care insurance shall be the following until the time that these definitions may be superseded by federal law or regulations:
- (1) Eating, which shall mean feeding oneself by 16 getting food in the body from a receptacle (such as a plate, cup, or table) or by a feeding tube or intravenously.
- (2) Bathing, which shall mean washing oneself by 19 sponge bath or in either a tub or shower, including the act 20 of getting into or out of a tub or shower.
- (3) Continence, which shall mean the 22 maintain control of bowel and bladder function; or when unable to maintain control of bowel or bladder function, ability to perform associated personal hygiene (including caring for a catheter or colostomy bag).
 - (4) Dressing, which shall mean putting on and taking off all items of clothing and any necessary braces, fasteners, or artificial limbs.
 - (5) Toileting, which shall mean getting to and from the toilet, getting on or off the toilet, and performing associated personal hygiene.
- (6) Transferring, which shall mean the ability to move 33 into or out of bed, a chair or wheelchair.

The commissioner may approve the use of definitions 35 of "activities of daily living" that differ from the verbatim 36 definitions of this subdivision if these definitions would result in more policy or certificate holders qualifying for long-term care benefits than would occur by the use of the verbatim definitions of this subdivision. In addition, the following definitions may be used without the SB 870 **— 12 —**

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of the commissioner: (1) the verbatim approval definitions of eating, bathing, dressing, toileting, transferring, and continence in subdivision (g); or (2) the 4 verbatim definitions of eating, bathing, dressing, 5 and continence in this subdivision and a toileting, substitute, verbatim definition of "transferring" 6 follows: "transferring," which shall mean the ability to move into and out of a bed, a chair, or wheelchair, or ability to walk or move around inside or outside the home, regardless of the use of a cane, crutches, or braces. 10

addition to the verbatim definitions. 12 commissioner may approve additional descriptive 13 language to be added to the definitions, if the additional 14 language is (1) warranted based on federal or state laws, 15 federal or state regulations, or other relevant federal 16 decision, and (2) strictly limited to that language which is necessary to ensure that the definitions required by this section are not misleading to the insured.

- (f) Until the time that these definitions may be 20 superseded by federal law or regulation, the following
- (f) The following definitions shall be used verbatim to 22 define eligibility for benefits in policies and certificates be federally qualified long-term 23 intended to 24 insurance: unless the definitions conflict with federal law 25 or regulations. In the event of a conflict between these definitions and federal law or regulations, the federal law or regulations shall govern.
- (1) "Standby assistance" means the presence 29 another person within arm's reach of you that is necessary 30 to prevent, by physical intervention, injury to you while 31 you are performing an activity of daily living, such as 32 being ready to catch you if you fall while getting into or out of the bathtub or shower as part of bathing, or being 34 ready to remove food from your throat if you choke while eating.
 - (2) "Hands-on assistance" means the physical assistance of another person without which you would be unable to perform the activity of daily living.
- (3) "Severe cognitive impairment" means a loss or 39 deterioration in intellectual capacity that:

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(A) Is comparable to and includes Alzheimer's disease and similar forms of irreversible dementia; and

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- (B) Is measured by clinical evidence and standardized tests that reliably measure impairment in the person's short-term or long-term memory, orientation people, places, or time, and deductive abstract reasoning.
- (4) "Substantial supervision" means continual supervision, which may include cueing by verbal prompting, gestures, or other demonstrations, by another 10 person that is necessary to protect a person who has severe cognitive impairment from the threats to his or her health or safety, as may result from wandering.
- (5) "Licensed health care practitioner" means 15 physician, as defined in Section 1861 of the Social Security 16 Act, and any registered professional nurse, licensed social worker, or other individual who meets such requirements as may be prescribed by the Secretary of the Treasury.
- (6) "Plan of care" means a written individualized plan 20 of services prescribed by a licensed health practitioner, which specifies the type, frequency, providers of all formal and informal long-term care services required for the individual, and the cost, if any, any formal long-term care services prescribed. Changes in the plan of care must be documented to show that these alterations are required by changes in the situation, functional, or cognitive client's medical abilities, behavioral abilities, or the availability of social supports.
- (7) "Qualified services" long-term care means 31 necessary diagnostic, preventative, therapeutic, mitigating, and rehabilitative services, 32 treating, maintenance or personal care services, which are needed 34 to assist you with the disabling conditions that cause you 35 to be a chronically ill individual. "Maintenance or 36 personal care services" means any care the primary purpose of which is the provision of needed assistance 38 with any of the disabilities as a result of which you are a 39 chronically ill individual, including the protection from

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threats to health and safety due to severe cognitive impairment.

- (g) The definitions of "activities of daily living" to be 4 used verbatim in policies and certificates that are not 5 intended to qualify for favorable tax treatment under 6 Public Law 104-191 shall be the following:
- (1) Eating, which shall mean reaching for, picking up, and grasping a utensil and cup; getting food on a utensil, and bringing food, utensil, and cup 10 manipulating food on plate; and cleaning face and hands as necessary following meals.
- (2) Bathing, which shall mean cleaning the body using 13 a tub, shower, or sponge bath, including getting a basin 14 of water, managing faucets, getting in and out of tub or 15 shower, and reaching head and body parts for soaping, 16 rinsing, and drying.
- (3) Dressing, which shall mean putting on, taking off, 18 fastening, and unfastening garments and undergarments and special devices such as back or leg braces, corsets, 20 elastic stockings or garments, and artificial limbs or splints.
- (4) Toileting, which shall mean getting on and off a 23 toilet or commode and emptying a commode, managing clothing and wiping and cleaning the body after toileting, and using and emptying a bedpan and urinal.
- (5) Transferring, which shall mean moving from one 27 sitting or lying position to another sitting or lying position; 28 for example, from bed to or from a wheelchair or sofa, 29 coming to a standing position, or repositioning to 30 promote circulation and prevent skin breakdown.
- (6) Continence, which shall mean the ability to control 32 bowel and bladder as well as use ostomy or catheter receptacles, and apply diapers and disposable barrier pads.
- 35 (7) Ambulating, which shall mean walking or moving 36 around inside or outside the home regardless of the use of a cane, crutches, or braces. 37
- 38 SEC. 10.
- SEC. 6. Section 10232.81 is added to the Insurance 39 40 Code, to read:

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10232.81. (a) The elimination or deductible period in every policy or certificate may not be more restrictive than the following:

- (1) Each day on which a service covered by the policy or certificate is received and paid for by the policy or certificate holder or paid on behalf of the policy or certificate holder by Medicare, other insurance, or any other third party, shall count toward meeting elimination period of the policy or certificate.
- (2) Each day on which a service covered by the policy or certificate but paid by the insured or any other party is received prior to or after the filing of a claim for benefits shall count toward meeting the elimination period if the 14 insured can establish the benefit eligibility criteria of the policy or certificate was met before the claim was filed.
- (3) The insured may not be required to meet more 17 than one elimination or deductible period.
- (4) In the event the existing coverage is increased as 19 provided by Section 10235.51 or the existing coverage is 20 converted to, or replaced by, a new or other policy or 21 certificate issued by the same insurer, the insured shall not be required to meet a new elimination or deductible period if the elimination or deductible period of the existing or previous policy or certificate has been met.
 - (5) Any day on which the insured received paid care covered by the policy during a period no less than two years prior to the filing of a claim for benefits must be counted toward meeting the elimination or deductible requirements of the policy or certificate.
 - (b) Respite care, if paid by the policy or certificate prior to meeting the elimination or deductible period of the policy or certificate, is not required to be counted toward meeting the elimination or deductible period.

SEC. 11.

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- 35 SEC. 7. Section 10232.91 is added to the Insurance 36 Code, to read:
- 37 10232.91. Every long-term care policy or certificate shall include a respite care benefit with the following 38 features:

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- (a) No less than 21 days of care must be covered in each policy year.
- (b) Eligibility shall be at least as permissive as the criteria of Section 10232.8.
 - (c) No elimination or waiting period shall apply.
 - (d) The same benefits and benefit amounts must be payable for any home and community-based services defined in Section 10232.9, assisted living benefit defined in Section 10232.92, or institutional care covered by the policy or certificate.

SEC. 12.

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- 12 SEC. 8. Section 10232.92 of the Insurance Code is 13 repealed.
 - SEC. 13.
- SEC. 9. Section 10232.92 is added to the Insurance 15 16 Code, to read:
 - 10232.92. Every long-term care policy or certificate every benefit covering institutional confinement shall also include a provision with the following features:
- (a) Care in a residential care facility must be covered. "Residential care facility" means a facility licensed as a 22 residential care facility for the elderly or a residential care 23 facility as defined in the Health and Safety Code. Outside eligible providers are facilities 24 California, 25 licensed by the appropriate state agency where licensure 26 is required or, if no licensure is required, facilities that are 27 engaged primarily in providing ongoing care and related 28 services sufficient to support needs resulting 29 impairment in activities of daily living or impairment in 30 cognitive ability and which also provide care and services 31 on a 24-hour basis, have a trained and ready-to-respond 32 employee on duty in the facility at all times to provide 33 care and services, provide three meals a day and 34 accommodate special dietary needs, have agreements to 35 ensure that residents receive the medical care services of 36 a physician or nurse in case of emergency, and, have appropriate procedures methods and provide 38 necessary assistance to residents in the management of prescribed medications.

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- (b) The benefit amount payable for care in a residential care facility shall be no less than 70 percent of the benefit amount payable for institutional confinement.
- expenses incurred (c) All by the insured confined in a residential care facility shall be covered and payable, up to but not to exceed the maximum daily residential care facility benefit of the policy or certificate. There shall be no restriction on who may provide the service or the requirement that services be provided by 10 the residential care facility, and no restriction on the type of service, supply, or expenses incurred that are covered 12 or the amounts that are reimbursable as long as the 13 expenses are incurred while the insured is confined in a 14 residential care facility and the reimbursement does not 15 exceed the maximum daily residential care facility 16 benefit of the policy or certificate.
- (d) In policies or certificates that are not intended to federally qualified, the threshold eligibility for care in a residential care facility shall be the same as for home care benefits, as defined in subdivision (a) of Section 10232.8, and the definitions of impairment 22 in activities of daily living and impairment of cognitive ability shall be the same as for home care benefits, as defined in subdivisions (a) and (g) of Section 10232.8. In policies or certificates that are intended to be federally qualified, the threshold establishing eligibility for care in a residential care facility shall be the same as for home 28 care benefits, as defined in subdivision (b) of Section 10232.8, and the definitions of impairment in activities of 30 daily living and impairment in cognitive ability shall be the same as those for home care benefits as defined in subdivisions (b), (c), (d), (e), and (f) of Section 10232.8.

SEC. 14.

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SEC. 10. Section 10232.93 of the Insurance Code is amended to read:

10232.93. Every long-term care policy or certificate shall define the maximum lifetime benefit as a single dollar amount that may be used interchangeably for any home- and community-based services defined in Section 10232.9, assisted living benefit defined in Section 10232.92, SB 870 **— 18 —**

- or institutional care covered by the policy or certificate.
- There shall be no limit on any specific covered benefit or
- 3 the reimbursable amount for any provider except for a 4 daily, weekly, or monthly limit set for home- and
- community-based care and for assisted living care, and for
- the limits for institutional care. Nothing in this section
- shall construed as prohibiting limitations
- reimbursement of actual expenses and incurred expenses
- up to daily, weekly, and monthly limits.
- SEC. 14.5. 10
- 11 SEC. 11. Section 10232.94 is added to the Insurance 12 Code, to read:
- 10232.94. Every policy or certificate shall include a 13 14 provision to waive the premium after no more than 30 15 days of confinement in a residential care or nursing 16 facility. A pro rata refund of the prior premium shall also 17 be made.
- SEC. 15. 18
- SEC. 12. 19 Section 10232.95 of the Insurance Code is 20 repealed.
- 21 SEC. 16.

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- 22 SEC. 13. Section 10232.95 is added to the Insurance 23 Code, to read:
- 10232.95. (a) In every long-term-care policy 25 certificate that covers institutional care the threshold establishing eligibility for institutional care shall be no more restrictive than a provision that the insured will qualify if either one of two criteria are met:
 - (1) Impairment in two activities of daily living.
 - (2) Impairment in cognitive ability.
- (b) A provision shall be included that all expenses 32 incurred by the insured while confined in a nursing 33 facility shall be covered and payable, up to the maximum 34 daily facility benefit of the policy or certificate. There 35 shall be no restriction on who may provide the service or 36 the requirement that services be provided by the nursing facility, and no restriction on the type of service, supply, 38 or expenses incurred that are covered or the amounts that are reimbursable as long as the expenses are incurred 40 while the insured is confined in a nursing facility and the

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reimbursement does not exceed the maximum daily nursing facility benefit of the policy or certificate.

SEC. 17.

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- SEC. 14. Section 10233.2 of the Insurance Code is 4 5 amended to read:
 - 10233.2. Long-term care insurance may not:
- (a) Be canceled. nonrenewed. or otherwise terminated on the grounds of the age or the deterioration of the mental or physical health of the insured individual or certificate holder. 10
- (b) Contain a provision establishing a new waiting period in the event existing coverage is converted to, or replaced by, a new or other form within the same insurer, 14 except with respect to an increase in benefits voluntarily selected by the insured individual or group policyholder.
- (c) Provide coverage for skilled nursing care only or provide significantly more coverage for skilled care in a 18 facility than coverage for lower levels of care.
- (d) Limit or deny benefits to a policyholder or 19 20 certificate holder diagnosed as having any significant 21 destruction of brain tissue with resultant loss of brain 22 function, including, but not limited to, mental illness demonstrable organic disease, 23 without progressive, 24 degenerative, and dementing illnesses, including, but not Alzheimer's disease. Where 25 limited to, a particular can be determined only 26 disease with an autopsy, "diagnosed" means clinical diagnosis as specified in 28 Section 10123.16. The requirements of this subdivision do not modify any preexisting condition or underwriting 30 standards and do not preclude or limit underwriting in accordance with an insurer's established underwriting 32 standards. On and after July 1, 1989, any outline of coverage used in connection with long-term 34 insurance coverage issued in this state shall include or 35 have attached thereto a statement in positive terms, to 36 the effect that the coverage described and required by this subdivision is provided. That statement shall describe the coverage and not merely make reference to this 38 subdivision.

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(e) Provide for payment of benefits based on a standard described as "usual and customary," "reasonable and customary," or words of similar import.

- (f) Describe the insurer's willingness to consider a 5 policy or certificate holder request to pay for benefits not 6 otherwise covered under the policy or certificate as a benefit nor include language that could mislead the policy or certificate holder to expect the insurer will easily or routinely approve such a request. 10 alternative payment provision shall clearly state that the approval of a request for payment of benefits, not 12 otherwise covered, is solely at the discretion of the insurer and is not likely to be granted unless the insurer 14 determines the alternative service is appropriate and a cost-effective alternative to the benefits covered by the 16 policy or certificate.
- restoration (g) Contain of benefit or similar a 18 provision that restores the lifetime maximum benefit or the maximum on any other covered benefit, unless the 20 provision allows for the full restoration of the lifetime 21 maximum benefit and other benefit maximums after a 22 period no longer than six months from the date the 23 insured ceased to use benefits covered by the policy or "Full restoration" 24 certificate. means the benefit 25 maximums shall be restored to the amounts that would otherwise have been payable, including an adjustment due to an inflation protection feature, if the insured had not used any covered benefits.
- (h) Terminate a policy, certificate, or rider, or contain 30 a provision that allows the premium for an in-force policy, certificate, or rider, to be increased due to the divorce of a policyholder or certificate holder.
- (i) Provide for a lesser level of reimbursement if the 34 policyholder or certificate holder chooses not to use a provider or service selected by the insurer.
- additional (i) Include benefits, other than 37 statutorily required home- and community-based service benefits in Section 10232.9, the assisted living benefit in Section 10232.92, or a nursing facility benefit, unless the additional benefit provides for the payment of

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reasonable percentage of the actual cost of the additional covered service.

SEC. 18.

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- SEC. 15. Section 10234.87 of the Insurance Code is 4 5 amended to read:
- 10234.87. (a) Every policy or certificate shall include 6 a provision that if the insurer replaces a policy or certificate that it has previously issued, the insurer shall recognize past insured status by granting premium 10 credits toward the premiums for the replacement policy 11 or certificate. The premium credits shall equal five 12 percent of the annual premium of the prior policy or 13 certificate for each full year the prior policy or certificate 14 was in force. The premium credit shall be applied toward 15 all future premium payments for the replacement policy 16 or certificate, but the cumulative credit allowed need not 17 exceed 50 percent. No credit need be provided if a claim 18 has been filed under the original policy or certificate. The premium credit, if any, shall be shown on the application and on the policy or certificate.
- (b) The cumulative credits allowed need not reduce 22 the premium for the replacement policy or certificate to less than the premium of the original policy or certificate.
- (c) A replacement policy or certificate shall be issued 25 with the same benefit coverage amounts as those in force the policy or certificate being replaced, adjustment for increases due to any inflation protection 28 features. The premium for the replacement policy or 29 certificate will be calculated based on the amount of 30 coverage in force at the time the policy or certificate being replaced was issued, the current attained age of the 32 insured, and a premium discount in recognition of past insured status as provided in subdivision (a).
- 34 (d) This section shall not apply to life insurance 35 policies that accelerate benefits for long-term care.

36 SEC. 18.5.

- SEC. 16. Section 10234.95 of the Insurance Code is 37 amended to read: 38
- 39 10234.95. (a) Every insurer or other entity marketing long-term care insurance shall:

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(1) Develop and use suitability standards to determine 2 whether the purchase or replacement of long-term care insurance is appropriate for the needs of the applicant.

- (2) Train its agents in the use of its suitability 5 standards.
 - (3) Maintain a copy of its suitability standards and make them available for inspection upon request by the
- (b) The agent and insurer shall develop procedures 10 that take into consideration, when determining whether applicant meets the standards developed by insurer, the following:
- (1) The ability to pay for the proposed coverage and 14 other pertinent financial information related to the 15 purchase of the coverage.
- (2) The applicant's goals or needs with respect to 17 long-term care and the advantages and disadvantages of 18 insurance to meet these goals or needs.
- (3) The value, benefits, and costs of the applicant's 20 existing insurance, if any, when compared to the values, 21 benefits, and costs of the recommended purchase or 22 replacement.
- (c) The issuer, and where an agent is involved, the 24 agent, shall make reasonable efforts to obtain the 25 information set out in subdivision (b). The efforts shall 26 include presentation to the applicant, at or prior to 27 application, of the "Long Term Care Insurance Personal 28 Worksheet," contained in the most current Long Term 29 Care Insurance Model Regulations of the National 30 Association of Insurance Commissioners. The personal 31 worksheet used by the insurer shall contain, at a 32 minimum, the information in the NAIC worksheet in not 33 less than 12-point type. In the "Premium Section" of the 34 personal worksheet, the insurer shall disclose all rate 35 increases and rate increase requests for any prior policies 36 it has sold in any state. The insurer may request the applicant to provide additional information to comply 38 with its suitability standards. A copy of the issuer's personal worksheet shall be filed and approved by the 40 commissioner.

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- (d) A completed personal worksheet shall be returned to the issuer prior to the issuer's consideration of the applicant for coverage, except the personal worksheet need not be returned for sale of employer group long-term care insurance to employees and their spouses and dependents.
- (e) The sale or dissemination outside the company or agency by the issuer or agent of information obtained through the personal worksheet is prohibited.
- (f) The issuer shall use the suitability standards it has developed pursuant to this section in determining whether issuing long-term care insurance coverage to an applicant is appropriate.
- (g) Agents shall suitability use the standards 15 developed by the insurer in marketing long-term care 16 insurance.
- (h) If the issuer determines that the applicant does not 18 meet its financial suitability standards, or if the applicant 19 has declined to provide the information, the issuer may 20 reject the application. Alternatively, the issuers shall send 21 the applicant a letter similar to the "Long-Term Care contained 22 Insurance Suitability Letter" 23 Long-Term Care Model Regulations of the National 24 Association of Insurance Commissioners. However, if the 25 applicant has declined to provide financial information, 26 the issuer may use some other method to verify the applicant's intent. Either the applicant's returned letter or a record of the alternative method of verification shall be made part of the applicant's file.
- 30 (i) The insurer shall report annually to 31 commissioner the total number of applications received 32 from residents of this state, the number of those who declined to provide information on the personal 34 worksheet, the number of applicants who did not meet the suitability standards, and the number who chose to 36 conform after receiving a suitability letter.
- (j) This section shall not apply to life insurance policies 38 that accelerate benefits for long-term care.

39 SEC. 19.

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SB 870 **— 24 —**

SEC. 17. Section 10235.10 of the Insurance Code is 2 repealed.

3 SEC. 20.

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- SEC. 18. Section 10235.30 of the Insurance Code is 4 5 amended to read:
- 10235.30. (a) No insurer may deliver or issue for delivery a long-term care policy in this state unless the insurer offers at the time of application an option to purchase shortened benefit period nonforfeiture 10 benefit with the following features:
- (1) Eligibility begins no later than after 10 years of 12 premium payments.
- (2) The lifetime maximum benefit is no less than the 14 dollar equivalent of three months of care at the nursing 15 facility per diem benefit contained in the policy.
 - (3) The same benefits are payable, including the amounts and frequency in effect at the time of lapse, for a qualifying claim.
- (4) The lifetime maximum benefit may be reduced by 20 the amount of any claims already paid.
- (5) Cash back, extended term, and reduced paid-up 22 forms of nonforfeiture benefits shall not be allowed.
- (6) The lifetime maximum benefit amount increases 24 proportionally with the number of years of premium payment.
 - (b) This section shall not apply to life insurance policies that accelerate benefits for long-term care.

SEC. 20.5.

- 29 SEC. 19. Section 10235.40 of the Insurance Code is 30 amended to read:
- 10235.40. (a) No individual long-term care policy or 32 certificate shall be issued until the applicant has been given the right to designate at least one individual, in 34 addition to the applicant, to receive notice of lapse or termination of a policy or certificate for nonpayment of 36 premium. The insurer shall receive from each applicant one of the following:
- (1) A written designation listing the name, address, 38 and telephone number of at least one individual, in addition to the applicant, who is to receive notice of lapse

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or termination of the policy or certificate for nonpayment of premium.

(2) A waiver signed and dated by the applicant electing not to designate additional persons to receive notice. The required waiver shall read as follows:

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"Protection Against Unintended Lapse."

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I understand that I have the right to designate at least one person other than myself to receive notice of lapse or termination of this long-term care insurance policy for nonpayment of premium. I understand that notice will not be given until 30 days after a premium is due and unpaid. I elect not to designate any person to receive the notice.

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Signature of Applicant

Date"

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- (b) The insurer shall notify the insured of the right to change the written designation, no less often than once every two years.
- (c) When the policyholder or certificate holder pays 24 the premium for a long-term care insurance policy or certificate through a payroll or pension deduction plan, the requirements contained in subdivision (a) need not be met until 60 days after the policyholder or certificate holder is no longer on that deduction payment plan. The application or enrollment form for a certified long-term 30 care insurance policy or certificate shall clearly indicate the deduction payment plan selected by the applicant.
- (d) No individual long-term care policy or certificate shall lapse or be terminated for nonpayment of premium 34 unless the insurer, at least 30 days prior to the effective 35 date of the lapse or termination, gives notice to the 36 insured and to the individual or individuals designated pursuant to subdivision (a), at the address provided by the insured for purposes of receiving notice of lapse or termination. Notice shall be given by first-class United States certified mail, postage prepaid, with a return

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1 receipt indicating proof of delivery to be signed by the insured or individuals designated pursuant to subdivision (a), not less than 30 days after a premium is due and 4 unpaid.

(e) Each long-term care insurance policy or certificate 6 shall include a provision which, in the event of lapse, provides for reinstatement of coverage, if the insurer is with proof of the insured's 9 impairment or the loss of functional capacity. This option 10 shall be available to the insured if requested within five after termination and shall allow for 12 collection of past due premium, where appropriate. The 13 standard of proof of cognitive impairment or loss of 14 functional capacity shall not be more stringent than the 15 benefit eligibility criteria on cognitive impairment or the 16 loss of functional capacity contained in the policy certificate.

SEC. 21.

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SEC. 20. Section 10235.50 of the Insurance Code is 20 amended to read:

10235.50. Every policy or certificate shall include a provision that gives the policyholder or certificate holder the following rights to reduce coverage and lower premiums:

- (a) A right, exercisable any time after the first year, to 26 retain a policy or certificate while lowering the premium in no fewer than the following three ways:
 - (1) Reducing the lifetime maximum benefit.
- (2) Reducing the nursing facility per 30 reducing the homecommunity-based service and benefits of a home care only policy and of a comprehensive long-term care policy.
- (3) Converting a "comprehensive long-term 34 policy or certificate to a "Nursing Facility Only" or a "Home Care Only" policy or certificate, if the insurer 36 issues those policies or certificates for sale in the state.
- (b) The premium for the policy or certificate that is 38 reduced in coverage will be based on the age of the insured at issue age and the premium rate applicable to 40 the amount of reduced coverage at the original issue date.

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(c) If the contract in force at the time a reduction in coverage is made provides for benefit adjustments for anticipated increases in the costs of long-term care services, then the reduced nursing facility per diem, 5 lifetime maximum benefit, and daily, weekly, or monthly home care benefits shall be adjusted in the same manner and in the same amount as the contract in force prior to the reduction in coverage.

- (d) In the event a policy or certificate is about to lapse, 10 the insurer shall provide written notice to the insured of the options in subdivision (a) to lower the premium by 12 reducing coverage and of the premiums applicable to the reduced coverage options. The insurer may include in the 14 notice additional options to those required in subdivision 15 (a). The notice shall provide the insured at least 30 days 16 in which to elect to reduce coverage and the policy shall be reinstated without underwriting if the insured elects the reduced coverage.
 - (e) In the event of a premium increase, the insured shall be offered the option to lower premiums and reduce coverage.

SEC. 22.

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- 23 SEC. 21. Section 10235.52 of the Insurance Code is 24 amended to read:
- 10235.52. (a) Every policy shall contain a provision 26 that, in the event the insurer develops new benefits or benefit eligibility or new policies with new benefits or benefit eligibility not included in the previously issued policy, the insurer will grant current holders of its policies 30 who are not in benefit or within the elimination period the following rights:
- (1) The policyholder will be notified of the availability of the new benefits or benefit eligibility or new policy 34 within 12 months. The insurer's notice shall be filed with the department at the same time as the new policy or 36 rider.
- (2) The insurer shall offer the policyholder 37 benefits or benefit eligibility in one of the following ways:
- 39 (A) By adding a rider to the existing policy and paying a separate premium for the new benefit or benefit 40

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eligibility based on the insured's attained age. The premium for the existing policy will remain unchanged based on the insured's age at issuance.

- (B) By replacing the existing policy or certificate in 5 accordance with Section 10234.87.
- (C) By replacing the existing policy or certificate with a new policy or certificate in which case consideration for past insured status shall be recognized by setting the premium for the replacement policy or certificate at the 10 issue age of the policy or certificate being replaced.
- (b) The insured may be required to undergo new 12 underwriting, but the underwriting can be no more 13 restrictive than if the policyholder or certificate holder 14 were applying for a new policy or certificate.
- (c) The insurer of a group policy as defined under 16 subdivisions (a) to (c), inclusive, of Section 10231.6 must offer the group policyholder the opportunity to have the benefits and provisions extended to certificate holders, but the insurer is relieved of the obligations imposed by this section if the holder of the group policy declines the issuer's offer.

SEC. 23.

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- SEC. 22. Section 10235.94 is added to the Insurance 24 Code, to read:
 - 10235.94. Every policy or certificate shall include a provision giving the policyholder or certificate holder the right to appeal decisions regarding benefit eligibility, care plans, services and providers, and reimbursement payments.

SEC. 24.

- 31 SEC. 23. Section 10237.1 of the Insurance Code is 32 amended to read:
- 33 10237.1. No insurer may deliver or issue for delivery 34 a long-term care insurance policy or certificate in this state unless the insurer offers to each policyholder and 36 certificate holder, in addition to any other inflation protection, the option to purchase a long-term care 38 insurance policy or certificate that provides for benefit 39 levels and benefit maximums to increase to account for 40 reasonably anticipated increases in the costs of long-term

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1 care services covered by the policy. Insurers shall offer to each policyholder and certificate holder, at the time of purchase, the option to purchase a long-term care 4 insurance policy or certificate containing an inflation protection feature which is no less favorable than one that does one or more of the following:

- (a) Increases benefit levels annually in a manner so that the increases are compounded annually at a rate of not less than 5 percent.
- (b) Guarantees the insured individual the right to 11 periodically increase benefit levels without providing 12 evidence of insurability or health status and without 13 regard to claim status or history so long as the option for 14 the previous period has not been declined. The amount 15 of the additional benefit shall be no less than the 16 difference between the existing policy benefit and that 17 benefit compounded annually at a rate of at least 5 18 percent for the period beginning with the purchase of the existing benefit and extending until the year in which the 20 offer is made.
- 21 (c) Covers specified percentage of a 22 reasonable charges and does not include a maximum 23 specified indemnity amount limit.

SEC. 25.

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25 SEC. 24. Section 10237.2 of the Insurance Code is 26 repealed.

SEC. 26.

28 SEC. 25. Section 10237.2 is added to the Insurance 29 Code, to read:

The inflation protection feature, if any, that 10237.2. applies to the benefit levels and benefit maximum of the policy or certificate shall also apply to the benefit levels and benefit maximums of any rider or amendments issued in conjunction with the policy or certificate.

SEC. 27.

SEC. 26. Section 10237.4 of the Insurance Code is 36 37 amended to read:

10237.4. (a) Inflation protection benefit 38 increases under a policy that contains these benefits shall continue without regard to an insured's age, claim status or claim SB 870 **— 30 —**

history, or the length of time the person has been insured under the policy.

- (b) An offer of inflation protection that provides for automatic benefit increases shall include an offer of a premium which the insurer expects to remain constant. The offer shall disclose in a conspicuous manner that the premium may change in the future unless the premium is guaranteed to remain constant.
- (c) The inflation protection benefit increases under a 10 policy or certificate that contains an inflation protection feature shall not be reduced due to the payment of claims.

SEC. 28.

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- SEC. 27. Section 10237.5 of the Insurance Code is 14 amended to read:
- 10237.5. (a) An inflation protection provision that 16 increases benefit levels annually in a manner so that the increases are compounded annually at a rate not less than 18 5 percent shall be included in a long-term care insurance policy unless an insurer obtains a rejection of inflation 20 protection signed by the policyholder.
- (b) The rejection, to be included in the application or 22 on a separate form, shall state:

"I have reviewed the outline of coverage and the graphs that compare the benefits and premiums of this policy with and without inflation protection. Specifically, I have reviewed the plan, and I reject 5 percent annual compound inflation protection.

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31 Date"

Signature of Applicant